



INSPIRATION FOR THE NATION

OPTIMISING YOUR TEAM THROUGH MOTIVATIONAL SPEAKING

Our mission is to inspire and motivate leaders and teams to overcome the challenges they face and achieve their full potential

We do this by sharing experiences that provoke innovative thinking and inspire positive behaviours



OUR TALKS

We cover four different areas: Change-Management, Leadership, High-Performance Teams, and Company Cultures

THRIVING THROUGH CHANGE



- Get comfortable with being uncomfortable.
- Maximise your strengths, and manage your weaknesses.
- Develop a growth mindset and build your resilience.

LEADING A HIGH-PERFORMING TEAM



- Change starts within - get to know YOU
- Leaders vs Managers
- Develop the strategies and skills of a successful leader
- Challenge yourself and your team

OPTIMISE YOUR COMPANY CULTURE



- Finding your WHY
- Identify your core values
- Align individuals and company goals
- Cultivate a culture to succeed

ENHANCE YOUR TEAM'S POTENTIAL



- We offer ongoing team development programmes
- Tailored programmes to fit your timeline
- Focusing on change management, leadership, high-performance teams and company cultures

HOW THE SESSIONS WORKS

- Bespoke sessions to engage specifically with you
- Each session includes a PowerPoint Presentation, with different graphics, exercises, and a Q&A Session at the end
- We have a pool of expert optimists who provide a variety of experiences and specialities



ABOUT US

MEET OUR ETERNAL OPTIMISTS



Ollie Phillips
England 7s Captain, Adventurer
and Founder of Optimist



Jade Johnson
Olympian, European &
Commonwealth Champion.



Laura Penhaul
Extreme Adventurer, World Record
Holder, Physical & Mental
Performance Coach



Ryan Jones
Wales Captain & British Lion; Head
of Performance Programme, WRU



John Fletcher
Co-Founder, Magic Academy &
Head of Player Development, RFU



Tamara Taylor
World Cup Winner, England
Captain, Performance Coach



Maggie Alphonsi, MBE
World Cup Winner, Athlete
Mentor & National Pundit.



Russell Earnshaw
Elite Performance Coach &
Founder, The Magic Academy

WHAT OUR CLIENTS SAY ABOUT US

I can't recommend Ollie enough for his motivational speaking. The way he uses his life experiences to bring to life what it's like to be a part of and lead in high performing teams is a real asset and skill.

CBRE

Fantastic inspiring
session!

 **BATHROOMBRANDS®**

On the day, Ollie brought charisma and energy. He included everyone and brought people together. Participants had a great time and went away with some serious messages to remember.

 **Partners Group**
REALIZING POTENTIAL IN PRIVATE MARKETS

GET IN
TOUCH



[OPTIMISTPERFORMANCE.COM](https://www.optimistperformance.com)

